

The Homeoblock™ system by Dr. Belfor is nothing short of a miracle. In adulthood, I had developed a fair amount of facial asymmetry due to several factors: One was an impacted cuspid on the right side that overtime had caused my bite to shift. My cheekbones were uneven and my muscle structure had weakened on the side where my teeth didn't fit together properly. My mouth was “falling” a little on the side where there was a missing adult tooth. Because I am a singer, and I am being filmed, photographed and “forced” to take selfies for social media, and these imperfections became more noticeable and bothered me quite a bit.

In my thirties, I had an MRI, which ruled out stroke, MS, Bell’s Palsy, and Lyme Disease. I had spent numerous hours researching facial asymmetry, facial nerve, and muscular disorders looking for answers and treatment possibilities and thankfully came across the Homeoblock™ appliance.

In four short months, I have had substantial development in the under developed parts of my face, it is completely astounding! I am on my way to a symmetrical face, similar to the one I had as a child, but growing, finally, into adulthood. It is very emotional, as I had suffered self-esteem, communication and intimacy issues because of the asymmetry of my face and smile. I never admitted this to anyone, but I am beginning to look people straight on, in the eye, and be photographed from the front, something I haven't been able to do since my early teen years.

Some other unexpected benefits: my skin tone and digestion have improved, I feel calmer, sleep better, breathe better through my nose, and am no longer a mouth breather at night. I was facing a life of accepting my flaws as they were, or undergoing jaw, oral, or plastic surgery, which never seemed like viable options.

The Homeoblock™ is a wonderful device for people looking for better facial symmetry, straighter teeth, a broader smile, wider palate, slow palate expansion, improvement in sleep apnea and snoring, or an alternative to cheekbone implants or plastic surgery. I am hoping Dr. Belfor continues his work, and is eventually able to study the effects of the Homeoblock™ even on patients with congenital defects. Adult facial bone growth is indeed possible! I am forever grateful that I found Dr. Belfor -- the Homeoblock™ is the answer to my prayers.

—Miranda Richards