Attention Orthodontists:

The OrthoBlock™ Active Retainer

- Increases vertical opening, makes more room for the tongue and allows the soft palate to drop to improve sleep and breathing.
- Distracts the TMJ to reduce jaw pain and promote healing.
- Acts as a deprogrammer for the muscles of mastication and reduces clenching and grinding.
- Combined with breathing exercises, lowers cortisol levels and raises DHEA levels.
- Tones the genioglossus muscle at the base of the tongue and reduce collapsibility of the airway.

The OrthoBlock™ combined with a bonded wire retainer is an ideal retainer for your young patients with teeth grinding problems particularly those predisposed to sleep and breathing issues.

References

2- Ishiwata, Y. Hiyama, S etal. Human jaw-tongue reflex as revealed by intraoral surface recording; J Oral Rehabil 1997
5- McKee JR. Comparing condylar position achieved through bimanual manipulation to condylar position achieved through masticatory muscle contact against an anterior deprogrammer: a pilot study.,J Prosthet Dent (2005) Oct;94(4) 389-93